



Spa Heritage and History

MILTON S. HERSHEY GAVE US CHOCOLATE AND HIS WIFE CATHERINE GAVE US HER LOVE OF ROSES. CHOCOLATE AND ROSES, AMONG MANY OTHER INDIGENOUS ELEMENTS, ARE THE BASIS OF THE UNIQUE TREATMENTS AT *THE SPA AT THE HOTEL HERSHEY®*. IMMERSE YOURSELF IN A CHOCOLATE FONDUE WRAP, WHIPPED COCOA BATH™, OR CHOCOLATE BEAN POLISH AND EXPERIENCE THE TRUE MEANING OF *The Chocolate Spa®*!

IN ADDITION TO OUR TRADITIONAL CHOCOLATE AND CLASSICALLY THEMED SPA SERVICES, THE SPA PAYS HOMAGE TO MILTON S. HERSHEY'S LOVE FOR CUBA WITH THE CUBAN SPA EXPERIENCE. MR. HERSHEY VISITED CUBA IN 1916 AND FELL IN LOVE WITH THE COUNTRY AT FIRST SIGHT. DURING THIS TIME, THE WORLD WAS EMBROILED IN THE FIRST GREAT WAR; AND SUGAR, WHICH IS ESSENTIAL TO MILK CHOCOLATE PRODUCTION, WAS IN SHORT SUPPLY. IT WAS AT THIS TIME THAT MR. HERSHEY DECIDED TO PURCHASE SUGAR PLANTATIONS AND MILLS IN CUBA SO THAT HE COULD MILL AND REFINED HIS OWN SUGAR FOR USE IN HIS HERSHEY CHOCOLATE FACTORY.

TODAY, YOU CAN INDULGE IN A CHOCOLATE SUGAR SCRUB, MOJITO BODY WRAP, MOJITO SUGAR SCRUB, AND NOCHE AZUL MASSAGE. ESCAPE TO THE PARADISE THAT MR. HERSHEY SO LOVED.



Spa Experience

THE FOLLOWING INFORMATION WILL ASSIST YOU IN CREATING YOUR SPA EXPERIENCE AT *THE HOTEL HERSHEY*. PLEASE FEEL FREE TO CONTACT OUR SPA RESERVATIONS OFFICE FOR FURTHER INFORMATION AND TO SCHEDULE YOUR APPOINTMENT TIMES – 1-877-772-9988.

WITHIN THE MEN'S AND LADIES' SPA LOCKER ROOMS ARE STEAM ROOMS, CHANGING AREAS, AND SHOWERS. ALSO FOR YOUR RELAXATION, THE SPA FEATURES AN INHALATION ROOM, QUIET ROOM, AND SILENT RELAXATION ROOM. FROM THE TERRACE OF THE QUIET ROOM, ENJOY THE PEACEFUL VIEWS OF THE MAJESTIC GARDENS AT *THE HOTEL HERSHEY* AND THE ROLLING BLUE MOUNTAINS BEYOND.

THE OASIS PROVIDES SPA GUESTS WITH MID-DAY DINING IN THE COMFORT OF YOUR SPA ROBE. A VARIETY OF LUNCH CHOICES ARE AVAILABLE TO COMPLETE YOUR SPA EXPERIENCE. FOR YOUR CONVENIENCE, THE BUFFET LUNCH IN *THE OASIS* HAS BEEN INCLUDED IN MANY OF OUR DAY SPA PACKAGES AND IS ALSO AVAILABLE ON AN À LA CARTE BASIS (\$20, PLUS TAX AND GRATUITY). *THE OASIS* LOUNGE, ADJACENT TO THE DINING AREA, IS AVAILABLE TO THOSE GUESTS WHO PREFER TO CHAT WITH EACH OTHER WITHIN THE SPA SETTING.

*RESERVATIONS REQUIRED FOR LUNCH IN *THE OASIS*.



Spa Experience

THE FOLLOWING ARE THE GENERAL TYPES OF SPA SERVICES THAT ARE AVAILABLE:

FLOW-THRU SOAKING EXPERIENCES *

These Flow-Thru tubs are a therapeutic soaking experience, bringing the qualities of a natural hot spring into the spa. While bathing, pure warm water continuously flows onto the shoulders, soothing and relaxing the body. The water then vanishes at the foot of the tub. These unique tubs include spring filters, massage jets, and color therapy.

HYDROTHERAPY Á LA HERSHEY *

Our specialty hydrotherapy baths utilize European water therapy. Buoyancy and temperature are the two main components that make hydrotherapy work to soothe aching muscles and joints, improve circulation, and reduce stress. This is a great way to prepare for a massage.

EXFOLIATION TREATMENTS

Scrubs and polishes are an important elimination step and prepare the body for the benefits of body wraps, massage therapy, and facial skincare. To prevent sensitivity on freshly shaven skin, it is not recommended to shave on the day of any exfoliation treatment.

COZY BODY WRAPS *

Comfort and soothe the body while providing deep relaxation, hydration, and renewal – our wraps offer warming comfort and relaxation.

MASSAGE THERAPY

Massage therapy reduces pain, improves circulation, increases immune efficiency, enhances focus and emotional balance, and improves appearance. Choose from a variety of massage styles and allow the body to relax and renew itself.

FACIAL SKINCARE THERAPY

Delight in the wonder of facial skincare! Our expertly trained staff will relax and renew the skin using either Pevonia Botanica or Somme Institute products specially formulated for your skin type and condition.

NAIL & HAIR SALON TREATMENTS

Take advantage of the finishing touch to a day of rejuvenation. From manicures and pedicures to scalp treatments and special occasion updos.

**This spa service is not recommended for guests who are pregnant.*



Everything Chocolate

WHIPPED COCOA BATH*

15 MINUTES, \$45

Settle into our foaming chocolate milk bath for a soothing and softening signature Hershey experience. Milk will soften and renew the skin while you indulge in this chocolate experience.

CHOCOLATE HYDROTHERAPY *

25 MINUTES, \$55

Adding our essence of cocoa is sure to conjure up thoughts of childhood during this hydrotherapy experience.

CHOCOLATE BEAN POLISH

30 MINUTES, \$65

One of our signature chocolate services! We combine the gentle exfoliation of cocoa bean husks and walnut shells with a softening Cocoa Body Moisturizer for superb results. Smells so good, you may want to eat it!

CHOCOLATE SUGAR SCRUB

30 MINUTES, \$65

Hershey, Pennsylvania meets Hershey, Cuba! This sweet scrub will leave your skin silky soft and best of all ... chocolately smooth!

CHOCOLATE FONDUE WRAP *

60 MINUTES, \$120

Our exclusive formula of warmed moor mud and essence of cocoa revitalizes and nourishes the skin as it relaxes the body.

A luxurious body brushing is followed by the fondue application. The body is then wrapped in a soft warm blanket to enhance the total effect. A Vichy Shower rinse culminates the effect.

COCOA FACIAL EXPERIENCE

75 MINUTES, \$165

The most unique Hershey facial experience! Enjoy aromas of caramel, strawberry, rose, and mint. This facial experience contains active ingredients carefully selected from natural resources to maintain beneficial properties of the cacao fruit, proven as an anti-oxidant, to combat the visual signs of aging.

For your convenience, a 20% service charge will be added to your bill.



Everything Chocolate

COCOA MASSAGE

50 MINUTES, \$110; 80 MINUTES, \$170

Only in Hershey, Pennsylvania are you able to relax and enjoy chocolate without a single calorie. Our signature chocolate-scented massage oil along with a classic Swedish massage will surely soothe your senses.

Enjoy these signature Chocolate Spa packages:

HERSHEY KISS

APPROXIMATELY 1.5 HRS, \$175

- Spa Rain Shower • Milk & Honey Soak *
- 50-minute Cocoa Massage

HERSHEY HUG

APPROXIMATELY 2 HRS, \$220

- Spa Rain Shower • Hydrating Body Wrap *
- 50-minute Cocoa Massage

CHOCOLATE ESCAPE PACKAGE

APPROXIMATELY 3.5 HRS, \$360

- Whipped Cocoa Bath* • Chocolate Bean Polish or Chocolate Sugar Scrub • Chocolate Fondue Wrap *
- Cocoa Massage • Lunch in The Oasis

CHOCOLATE IMMERSION

APPROXIMATELY 1.5 HRS, \$185

*Chocolate Bean Polish followed by the Chocolate Fondue Wrap **

CHOCOLATE-DIPPED STRAWBERRY

APPROXIMATELY 1.5 HRS, \$185

*Strawberry Parfait Scrub followed by the Chocolate Fondue Wrap **

SWEET HANDS & FEET

HANDS, 50 MINUTES, \$55* FEET, 60 MINUTES, \$75

The ultimate chocolate experience for your hands and feet!

Enjoy either a classic manicure or pedicure with a chocolate sugar exfoliation, chocolate mask for the feet, paraffin dip, and chocolate moisturizing massage.

**This spa service is not recommended for guests who are pregnant.*



Cuban Experience

NOCHE AZUL SOAK *

15 MINUTES, \$40

Our tropical flowers calming bath containing Cuba's national flower, "La Mariposa Blanca" (White Butterfly Jasmine), as well as hibiscus and orange blossom, is sure to wash away all your tensions.

OCEAN HYDROTHERAPY *

25 MINUTES, \$55

Renew, relax, and detoxify in this re-created ocean of aromatic seaweed and sea salt.

MOJITO SUGAR SCRUB

30 MINUTES, \$65

Our own sugar lime scrub with the infamous Cuban twist is an invigorating and exfoliating tropical body experience.

BODYCOFFEE™ BODY POLISH

30 MINUTES, \$65

Rich in Dead Sea Salts, ground coffee Arabica, and a variety of essential oils, this softening body scrub will invigorate the senses. After exfoliating, the skin is softened with a Coffee Blossom Body Moisturizer.

GREEN COFFEE BODY WRAP *

60 MINUTES, \$115

Green coffee has been found to be highly effective in treating cellulite and as an anti-toxin. Our wrap is reputed to aid in the elimination of toxins as well as hydrate the skin.

MOJITO BODY WRAP *

60 MINUTES, \$115

The Cuban Experience continues in Hershey! This hydrating, anti-aging body wrap will cocoon you in the soft scent of the Cuban classic lime scent. Rich in white clay and vitamin C, this experience will leave you wanting more!

For your convenience, a 20% service charge will be added to your bill.



Cuban Experience

OCEAN THERAPY WRAP *

60 MINUTES, \$115

Seaweed, rich in algae minerals and enzymes, will be smoothed onto the body from neck to toes. Experience skin smoothing and improved skin elasticity along with overall detoxification.

NOCHE AZUL MASSAGE

50 MINUTES, \$105; 80 MINUTES, \$165

Imagine yourself lying on a Cuban beach while enjoying this classic Swedish massage utilizing fragrant jasmine oil.

Enjoy these signature Cuban Experience packages:

CUBAN EXPERIENCE PACKAGE

APPROXIMATELY 3.5 HRS, \$340

- Noche Azul Soak * • Mojito Sugar Scrub • Mojito Body Wrap * • Noche Azul Massage • Lunch in The Oasis

OCEAN THERAPY PACKAGE

APPROXIMATELY 3.5 HRS, \$340

- Sea Salt Soak * • Sea Salt Scrub * • Ocean Therapy Wrap * • Traditional Massage • Lunch in The Oasis

CUBAN COFFEE

APPROXIMATELY 1.5 HRS, \$180

*Body Coffee™ Body Polish followed by the Green Coffee Body Wrap **

CUBAN IMMERSION

APPROXIMATELY 1.5 HRS, \$180

*Mojito Sugar Scrub followed by the Mojito Body Wrap **

For your convenience, a 20% service charge will be added to your bill.



Country Abundance

HERSHEY GARDENS ROSE PETAL SOAK *

15 MINUTES, \$40

Kitty Hershey traveled extensively, visiting spas worldwide. Known for her passion of roses, we invite you to enjoy a truly beautifying bath experience. Dried rose petals and sea salts make the perfect combination for renewing the skin.

MILK & HONEY SOAK *

15 MINUTES, \$40

Milton S. Hershey built his chocolate factory here in the abundant farmlands of Pennsylvania to ensure a fresh, quality supply of milk. Known since the times of Cleopatra for its skin softening and soothing properties, our milk and honey bath is another signature spa experience.

HERBAL MEADOWS HYDROTHERAPY *

25 MINUTES, \$55

Escape to a beautiful meadow during this hydrotherapy treatment filled with essential oils fresh from the surrounding meadows.

HERBAL MEADOW & SEA SCRUB

30 MINUTES, \$65

Utilizing crushed herbs, flowers, sea salt, and oils; we first do a gentle exfoliation of the entire body. This is followed with an application of our Silky Meadow Flower Lotion.

For your convenience, a 20% service charge will be added to your bill.



Country Abundance

MILK AND HONEY WRAP *

60 MINUTES, \$115

From the land of milk and honey, our softening and moisturizing wrap soothes dry skin with the hydrating qualities of honey and the mildly exfoliating properties of milk enzymes.

SWEET BODY WRAPTURE *

50 MINUTES, \$100

Allow yourself to be cocooned in a wrapture of warmth. Heated body wraps are placed on key tension areas and major muscle groups so that heat can deeply penetrate the muscle tissues inducing relaxation to soothe the soul and relax the mind. This wrap is not recommended for guests who are overly sensitive to heat.

HYDRATING BODY WRAP

50 MINUTES, \$85

Hydrate the skin and relax the senses during this soothing body wrap. A rich Lavender body butter combined with lavender therapeutic complex of 100% pure essential oils are smoothed onto the body. Relax in a warm cocoon while a gentle scalp massage is enjoyed.

GARDENS & MEADOWS PACKAGE

APPROXIMATELY 3.5 HRS, \$340

- Hershey Gardens Rose Petal Soak *
- Herbal Meadow & Sea Scrub
- Milk & Honey Wrap *
- Traditional Massage
- Lunch in The Oasis

**This spa service is not recommended for guests who are pregnant.*



Rose Garden Collection

The rose is one of the most beautiful flowers in the world. Roses are available in various shapes, sizes, and colors for every mood and occasion. Essential oil of rose has been used for thousands of years for its exquisite aroma and natural healing powers. Rich in antioxidants, rose oil encourages radiant, healthy skin, which makes it the perfect element for these soothing and uplifting experiences. The rose fragrance you'll experience in these treatments is 100% natural and does not contain any artificial additives.

The rose has a special significance to Hershey, too. Both Milton S. Hershey and The Hotel Hershey have a rose bearing their namesake, following the 1938 Annual Meeting of the American Rose Society held at The Hotel Hershey. The "M. S. Hershey" and "The Hotel Hershey" Roses still bloom each year at Hershey Gardens, formerly known as the "Hershey Rose Garden." It is believed that Hershey Gardens exists because of Catherine Hershey's love of roses. A yellow rose is included in The Spa's logo and our treatment rooms are named after rose varieties.

Our highly-trained technicians specialize in delivering a complete experience that encourages you to relax and indulge your senses. Our Hershey Rose Garden Collection aims to soothe and calm the mind, bring the emotions into balance, and ease strains and tension on the body and skin.

ROSE GARDEN HYDROTHERAPY BATH*

20 MINUTES, \$55

Enjoy this European water therapy bath designed to soothe aching muscles and joints, to improve circulation, and to reduce stress – a perfect start to your Rose Garden journey!

ROSE GARDEN HYDRATING BODY WRAP

50 MINUTES, \$125

Indulge in this nourishing and deeply moisturizing treatment. Rich oils and creams from Bulgaria's Damask Rose are smoothed into freshly exfoliated skin leaving it glowing, silky soft, and revitalized. An ayurvedic scalp massage completes this unique pampering experience.

*This spa service is not recommended for guests who are pregnant.

*For your convenience, a 20% service charge
will be added to your bill.*



Rose Garden Collection

ROSE GARDEN MASSAGE

50 MINUTES, \$125

This massage is a fusion of Eastern and Western massage styles and incorporates chakra balancing, spinal pressures, muscle release, lymphatic drainage, and fluid balance. This diverse experience is enriched by traditional aromatherapy massage techniques targeted for stress-related symptoms. By releasing tension and helping to rebalance the body, you will feel renewed and revitalized.

ROSE GARDEN ANTI-AGE FACIAL

50 MINUTES \$150; 80 MINUTES, \$200

Using all natural products in this luxurious facial, you will experience the regenerative properties of rose to nourish, soften, hydrate, and reduce the signs of aging for all skin types. This treatment utilizes anti-age products that are known for their cell renewal properties and anti-oxidant effects that will uplift your spirits and give your skin a more youthful appearance. This facial experience does not include extractions.

ROSE GARDEN HAND TREATMENT

50 MINUTES, \$60

After your hands and arms are exfoliated, a mask will be applied. Enjoy layers of luxury as you feel the softness of intensely rich and moisturizing oils, gels, and creams infused with rose – an indulgent and aromatic experience for your hands!

ROSE GARDEN FOOT TREATMENT

50 MINUTES, \$80

After your feet and legs are exfoliated, a mask will be applied. Enjoy layers of luxury as you feel the softness of intensely rich and moisturizing oils, gels, and creams infused with rose – an indulgent and aromatic experience for your feet!

For your convenience, a 20% service charge will be added to your bill.



Classic Spa Experience

WOMEN'S WATER RITUAL

30 MINUTES, \$60

Based upon ancient traditions of relaxation and rejuvenation, this ritual offers respite and repose. Begin by invigorating your body with a symphony of water in our signature shower experience then step into the steam room for a few moments of quiet time. Finally, immerse yourself in a private soaking tub. A wonderfully revitalizing and relaxing service and the perfect way to begin your spa day!

A bathing suit is preferred for this service.

Pair with any 50- or 80-minute massage and receive the Women's Water Ritual for \$45

Massage Therapy

TRADITIONAL OR CHAMOMILE RELAXATION MASSAGE

50 MINUTES, \$105; 80 MINUTES, \$165

Utilizing relaxing, gentle strokes, this classic Swedish massage will increase circulation, soothe tired muscles, and induce an overall sense of relaxation.

Or choose Chamomile for aromatherapy relaxation.

COUPLES MASSAGE

50 MINUTES, \$210; 80 MINUTES, \$330

Enjoy complete relaxation with your significant other in our couples' massage room. Choose from Traditional, Cocoa, Chamomile Relaxation, or Noche Azul.

HOT STONE MASSAGE *

60 MINUTES, \$125; 80 MINUTES, \$175

Warmed, smooth river stones are used to enhance deep relaxation and physical renewal in this unique massage. A must-have at The Hotel Hershey.

REFLEXOLOGY *

35 MINUTES, \$75

Reflexology can be used to help restore and maintain the body's natural equilibrium. This gentle therapy encourages the body to work naturally to restore its own healthy balance. Beginning with a gentle exfoliation of the lower legs and feet, this Oriental treatment focused on the feet will apply pressure point massage to relieve stress and tension.

For your convenience, a 20% service charge will be added to your bill.



Classic Spa Experience

Massage Therapy

AROMATHERAPY MASSAGE

50 MINUTES, \$125; 80 MINUTES, \$175

This harmonizing and diverse experience is enriched by traditional aromatherapy massage techniques targeted for stress-related symptoms.

By releasing tension and helping to rebalance the body, you will feel renewed and revitalized. For this massage experience, choose one of five different oils: light relax, de-stress muscle, revive morning, support lavender, and renew nourishing rose.

LOMI LOMI MASSAGE *

TWO-HANDED, 60 MINUTES, \$140;

FOUR-HANDED, 60 MINUTES, \$280

Lomi Lomi is a Hawaiian temple massage that provides rhythmic waves of massage relaxation. Some have described this feeling like gentle waves moving over the body. Each treatment is a personalized and unique experience in alignment with an individual's specific needs. Draping during this massage is minimal, so guests who are more modest may prefer a Traditional Massage.

DEEP TISSUE MASSAGE *

60 MINUTES, \$125; 80 MINUTES, \$175

Used to release chronic patterns of muscular tension, this massage uses slow strokes, direct pressure, or friction usually on a focused problem area. The movements are directed across the grain of the muscles (cross-fiber). This is applied with greater pressure and at deeper layers of the muscle than the Traditional Massage.

PRE-NATAL MASSAGE

50 MINUTES, \$110; 80 MINUTES, \$170

Massage therapists that are specifically trained will provide a comfortable and relaxing massage for the mother-to-be. A gentle yet effective massage is used to relieve aches and pains associated with pregnancy. Please consult with your physician to be sure that massage is permitted.

**This spa service is not recommended for guests who are pregnant.*



Classic Spa Experience

Facial Skin Care

COCOA FACIAL EXPERIENCE

75 MINUTES, \$165

*The most unique Hershey facial experience! Enjoy the rich aromas of caramel, strawberry, rose, and mint. This facial experience contains active ingredients carefully selected from natural resources to maintain beneficial properties of the cacao fruit, proven as an anti-oxidant, to combat the visual signs of aging.
(May not add-on eye and lip treatment)*

VITAMIN INFUSION FACIAL TREATMENT

50 MINUTES, \$150

Utilizing the patent-pending process of Molecular Dispersion Technology 5 (MDT5) a formulation of six essential vitamins (A, C, E, B3, B5, and D) is applied to the skin to address all skin types and conditions. This facial treatment is clinically proven to reduce the appearance of fine lines and wrinkles, treat and prevent moderate to severe acne and rosacea, repair sun damage and lighten brown age spots, and significantly improve skin tone, texture, and clarity.

(May not add-on waxing or lip and eye treatments)

PERSONAL PRESCRIPTION FACIAL

60 MINUTES, \$115

Based upon the analysis of your skin, our experts will perform a personalized facial to restore your skin to its optimum level. Included in this basic facial are a deep cleansing, exfoliation, steam, and extractions if needed. An anti-stress facial massage and personalized mask finish off this experience.

Oxy-Vital Mask, added on to your facial \$25

*This oxygenating mask activates the cells for better usage of O2.
It is soothing and diffuses redness.*

Elasto-Firm Mask, added on to your facial \$25

Elastin is renown for skin strengthening and gives the skin a radiant, youthful appearance.

Make-Up Touchup, added on to your facial \$25

Refresh the overall appearance of your cleansed skin with a light touchup of mineral make-up.



Classic Spa Experience

Facial Skin Care

ANTI-AGING CAVIAR FACIAL

75 MINUTES, \$155

Effectively counteract the imprint of time to ensure that you reveal a timeless, youthful, radiant complexion. Active ingredients include Russian caviar extracts for anti-aging, protein-rich pearl extracts for extreme hydration and radiance, and Escutox™ to help plump the skin and relax harsh wrinkles. Additional results are improved elasticity and a restored youthful vitality to the skin.

STONE FACIAL†

75 MINUTES, \$155

A most unique facial experience not to be missed at The Hotel Hershey! This intense warming facial utilizes warm and cool stones to enhance our classic facial service. Warmed basalt stones are used for facial massage in addition to heated stones being placed on the core of the body, hands, and feet to create a completely relaxing effect.

†This facial does not include steam or extractions.

ROSACEA FACIAL

60 MINUTES, \$115

A facial treatment specially designed to combat rosacea, a flushing or redness on the cheeks, nose, chin, or forehead. Utilizing products rich in green tea and licorice extract, this facial will ease blotchiness and redness by hydrating and nourishing the skin.

LUMINOUS VITAMIN C & SEA FACIAL

60 MINUTES, \$115

Reduce fine lines, strengthen the skin's elasticity, and achieve a youthful appearance. You will be nothing short of LUMINOUS!

SKIN SOOTHING FACIAL

60 MINUTES, \$115

This cool gentle mask soothes, heals, and deeply hydrates the skin, leaving it refreshed, healthy, and with an exceptional glow!

For your convenience, a 20% service charge will be added to your bill.



Classic Spa Experience

Facial Skin Care

PEPPERMINT ANTI-AGING HYDRATING FACIAL

60 MINUTES, \$115

Counteract aging aggressions with this treatment that repairs and restores youthfulness. A unique mask, delightfully scented with lavender and peppermint, will result in a tighter, more radiant and rejuvenated appearance.

EYE & LIP TREATMENT

ADDED ON TO SELECT FACIALS, \$50

This collagen rich treatment targets fine lines and puffiness around the eyes and includes a lip contour treatment to smooth wrinkles and furrows leaving the eyes and lips refreshed and renewed.

HERSHEY REFRESHER FACIAL††

30 MINUTES, \$60

Perfect for those that are on the run and want a refreshing facial. After a cleansing of the skin, enjoy a personalized mask and finishing moisturizer.

Waxing services may be added to select 50- or 80-minute facials. These are not stand alone services.

DEPILATORY WAXING ADD-ONS

<i>Eyebrow</i>	<i>\$15</i>
<i>Lip</i>	<i>\$15</i>
<i>Chin</i>	<i>\$15</i>

††This facial does not include exfoliation, steam, or extractions.

For your convenience, a 20% service charge will be added to your bill.



Classic Spa Experience

Hair Styling Services

REVITALIZING HAIR & SCALP TREATMENT

70 MINUTES, \$95

A cocktail of re-balancing ingredients will revitalize your scalp and hair. This stress relieving treatment includes a cleansing of the hair and blow dry.

STARTING AT:

LADIES' CUT & BLOW-DRY	\$50
MEN'S HAIRCUT	\$30
SPECIAL OCCASION UPDO	\$55†

†For the bride-to-be, it is recommended to have an appointment with our stylist 2-4 weeks prior to your special occasion. During this first appointment, the stylist will work with you to create the perfect hairstyle for your special occasion. Please feel free to bring photos or pictures of styles you may desire. This would also apply to make-up applications for special days.

Make-Up

APPLICATION	\$60
TOUCHUP ADDED ONTO A FACIAL	\$25

HERSHEY HALF DAY

APPROXIMATELY 3 HRS, \$295

- Hydrotherapy Á La Hershey *
- Personal Prescription Facial
- Traditional Massage
- Lunch in The Oasis

HERSHEY FULL DAY

APPROXIMATELY 5.5 HRS, \$465

- Traditional Massage
- Personal Prescription Facial
- High Point Garden Foot and Hand Rituals
- Hotel Hershey Scalp Treatment
- Lunch in The Oasis



Classic Spa Experience

Hand & Foot Treatments

SWEET HANDS & FEET

HANDS, 50 MINUTES, \$55; FEET, 60 MINUTES, \$75

The ultimate chocolate experience for your hands and feet! Enjoy a classic manicure or pedicure with a chocolate sugar exfoliation, chocolate mask for the feet, paraffin dip, and chocolate moisturizing massage.

CUBAN HANDS & FEET

HANDS, 50 MINUTES, \$55; FEET, 60 MINUTES, \$75

Visualize yourself on the sugar soft Cuban beaches while experiencing a classic manicure or pedicure with a Mojito Sugar Scrub to soften and smooth the skin followed by a refreshing mask for the feet, paraffin dip, and Mojito moisturizing massage.

HIGH POINT GARDEN FOOT & HAND RITUALS

HANDS, 50 MINUTES, \$55; FEET, 60 MINUTES, \$75

In 1898, when Milton S. Hershey married Catherine Sweeney, a love affair with plants, flowers, and gardens began at High Point Mansion, the Hershey's residence. Step back in time where tulips abound and roses cover the grounds of their estate overlooking the chocolate factory. Breathe in the heavenly essential oils of Jasmine, Indian Frankincense, Lavender, and Juniper Berry. This ultimate manicure or pedicure experience includes a harmonizing soak, exfoliation, refreshing mask, paraffin dip, and moisturizing massage.

REFLEXOLOGY FOOT SOAK

50 MINUTES, \$75

Reflexology is a science that deals with the principles of reflexology in the feet that correspond to parts of the body to relieve stress and tension, improve blood supply, promote the unblocking of nerve impulses, and help nature achieve Homostasis (or balance). This relaxing experience does not include exfoliation, paraffin, or polish.

REFLEXOLOGY ADD-ON

ADD-ON 30 MINUTES OF REFLEXOLOGY TO ANY
PEDICURE FOR AN ADDITIONAL \$45

Sorry, we do not offer artificial nail services.

*For your convenience, a 20% service charge
will be added to your bill.*



Classic Spa Experience

Hand & Foot Treatments

PRIVATE PEDICURE

60 MINUTES, \$80

Enjoy your pedicure in complete privacy. Choose from the Sweet Feet, Cuban Feet, or High Point Garden Foot Ritual along with a light beverage. Your feet and your mind will thank you for the indulgence!

PRIVATE MANICURE WITH RELAXING MASSAGE

55 MINUTES, \$100

Completely indulge yourself in a relaxing chair massage while you reap the benefits of a manicure. Choose from the Sweet Hands, Cuban Hands, or High Point Garden Hand Ritual and get two experiences at once.

STONE MANICURE

60 MINUTES, \$70

This manicure has a complete warming effect that will soothe your entire body. Enjoy a classic manicure while heated basalt stones are smoothed on the hands and arms. An added twist of warmth to this manicure will surprise you!

STONE PEDICURE

70 MINUTES, \$90

WOW...a pedicure and hot stone massage for the feet all in one! This updated stone pedicure experience is sure to warm you from the inside out. Spoil your toes with the ultimate pedicure. Includes the classic service along with a paraffin dip and massage using warmed basalt stones.

SWEET FEET FOR TWO

60 MINUTES, \$150

Looking for an out-of-the-ordinary date? Try a relaxing Couples Pedicure - Sweet Feet for Two. Imagine soaking your toes in a warm foot bath filled with essential oils creating a delicious aroma, together in side-by-side pedicure chairs.

For your convenience, a 20% service charge will be added to your bill.



For The Hershey Man

SELECT SERVICES AT *THE SPA AT THE HOTEL HERSHEY* ARE RECOMMENDED FOR THE MALE SPA GUEST. TAKE TIME FOR YOURSELF WITH THESE RELAXING SPA SERVICES.

TRADITIONAL OR
CHAMOMILE RELAXATION MASSAGE
50 MINUTES, \$105; 80 MINUTES, \$165

HOT STONE MASSAGE
60 MINUTES, \$125; 80 MINUTES, \$175

AROMATHERAPY MASSAGE
50 MINUTES, \$125; 80 MINUTES, \$175

DEEP TISSUE MASSAGE
60 MINUTES, \$125; 80 MINUTES, \$175

CHOCOLATE OR OCEAN HYDROTHERAPY
25 MINUTES, \$55

MOJITO SUGAR SCRUB
30 MINUTES, \$65

OCEAN THERAPY WRAP
60 MINUTES, \$115



For The Hershey Man

GENTLEMEN'S FACIAL

60 MINUTES, \$115

*Includes a relaxing facial and a neck and shoulder massage.
For best results, please shave prior to your facial.*

GENTLEMEN'S PEDICURE

60 MINUTES, \$75

*A great way to treat the feet after a long day. Includes
exfoliation, massage, and hydrating paraffin dip.*

GENTLEMEN'S MANICURE

50 MINUTES, \$55

STONE PEDICURE

70 MINUTES, \$90

MEN'S HAIRCUT

35 MINUTES, STARTING AT \$30

MEN'S SHAVE

35 MINUTES, \$35

GENTLEMEN'S SHAVE & HAIRCUT

60 MINUTES, \$60

FOR THE HERSHEY MAN

APPROXIMATELY 3.5 HOURS, \$315

*Traditional Massage • Gentlemen's Facial
Gentlemen's Pedicure • Lunch in The Oasis*

*For your convenience, a 20% service charge
will be added to your bill.*



Hershey Teen Scene

TEENS, 13-17 YEARS OLD, CAN ENJOY SELECT SERVICES AT THE SPA AT THE HOTEL HERSHEY.

PLEASE NOTE: LIMITED FACILITIES ARE AVAILABLE TO TEENS.

SPA TEEN™ STRAWBERRY HYDRA BOOST TREATMENT

50 MINUTES, \$115

Vitamin-enriched, this delightful facial entices your senses with its fruity aroma. Your face is generously covered with a strawberry mask infusing your skin with soothing and hydrating benefits for a phenomenal glow. Recommended for all skin types.

SPA TEEN PAPAYA HYDRA SOOTHE TREATMENT

50 MINUTES, \$115

Enjoy an exfoliating facial that removes dirt and oil build-up resulting from an active lifestyle. It's ideal for post-sun exposure or as a post-sports treatment for a visibly repaired complexion. Recommended for all skin types.

SPA TEEN BLEMISHED SKIN TREATMENT

50 MINUTES, \$115

Envision clear skin as exfoliators gently polish away dirt and bacteria. Experience deep cleansing like never before as your therapist rids your skin of every impurity. As a final touch, a highly antiseptic mask delivers healing and soothing benefits to your skin. Recommended for blemished or blemish-prone skin.

HIGH POINT GARDEN FOOT & HAND RITUALS

HANDS, 50 MINUTES, \$55; FEET, 60 MINUTES, \$75

SPECIAL OCCASION UPDO/STYLE - \$55

For that special occasion, such as your Senior Prom or Homecoming, allow our hairstylists to create a unique style.

MAKEUP APPLICATION - \$60

For your convenience, a 20% service charge will be added to your bill.



Med Spa Services

The Chocolate Spa, in partnership with Penn State Hershey Cosmetic Surgery, offers the latest medically-based skin care therapies. Designed to improve the health and beauty of the skin using medically approved technologies, our medically-based skin care services are performed by a skilled team of health care professionals from Penn State Hershey.

FEATURED DOCTOR - DR. KURTIS MOYER

Dr. Kurtis Moyer is an Assistant Professor of Surgery at the Penn State Milton S. Hershey Medical Center, in the Division of Plastic Surgery.

Currently, his interests involve all aspects of breast reconstructive and cosmetic surgery, facial cosmetic surgery, including dermal fillers, as well as body contouring. His focus is on achieving a balanced aesthetic ideal for all of his patients. Please note: clients may also see other plastic surgeons.

BOTOX

If you are bothered by the development or presence of facial wrinkles, creases, and furrows that result from repeated muscle action, facial rejuvenation by injection may be right for you. The result is a smoother facial surface and a refreshed, more youthful appearance. Botox® can assist with softening frown lines, forehead furrows, and crow's feet.

DERMAL FILLERS

As we age, our skin changes. Over time, the natural volume of youthful skin begins to diminish as folds and wrinkles form. The underlying tissues that keep our skin looking youthful and plump begin to break down, often leaving laughing lines, smile lines, crow's feet, or facial creases over the areas of muscle movement. Soft-tissue fillers can help fill these lines and creases—temporarily restoring a smoother, more youthful-looking appearance. These fillers plump creased and sunken areas of the face and can add fullness to the lips and cheeks.

For more information, please call Spa Reservations at 1-877-772-9988.



Med Spa Services

ADDITIONAL SKIN CARE THERAPIES OFFERED AT PENN STATE HERSHEY COSMETIC SURGERY

Penn State Hershey Cosmetic Surgery offers the area's most comprehensive cosmetic treatments and services. The skilled team of plastic surgeons, dermatologists, medical aesthetician, dermaticians, and specialty-trained nurses take time to help you decide what is best for you. Techniques are continuously updated in order to bring the latest in quality procedures and innovations.

You'll find comfort in the fact that the Cosmetic Surgery Department is backed by the full resources of Penn State Hershey, one of the leading teaching and research hospitals in the country. Procedures involve minimal interruption from your daily routine so that you can enjoy all that Hershey has to offer.

For more information on services offered through Penn State Hershey Cosmetic Surgery, please call 717-531-1386 or visit PennStateHershey.org/CosmeticSurgery.



Fitness Experience

USE OF FITNESS CENTER IS COMPLIMENTARY FOR REGISTERED HOTEL GUESTS AND DAY SPA GUESTS. FACILITIES INCLUDE MEN'S AND LADIES' LOCKER ROOMS WITH DRY SAUNA AND CYBEX CARDIOVASCULAR AND WEIGHT EQUIPMENT.

GUESTS OF THE FITNESS CENTER AND FITNESS CLASSES MUST BE 16 OR OLDER.

PERSONAL TRAINING

60 MINUTES, \$60

A one-on-one workout with a Hotel Hershey personal trainer. The training is designed to establish basic exercise goals and to ensure a safe and effective workout program.

FITNESS ASSESSMENT

60 MINUTES, \$60

A full assessment to measure cardiovascular endurance, flexibility, and strength. Also included is a Body Composition to determine ideal body weight.

BODY COMPOSITION

\$20

Want to know your ideal body weight? The Tanita machine will measure your body fat and also determine your lean body mass.



Overnight Spa Packages

ENJOY THE ELEGANCE OF ONE OF THE WORLD'S FINEST HOTELS, AND IMMERSE YOURSELF IN THE LUXURY AND CARING ATTENTION YOU SO RICHLY DESERVE. THESE OVERNIGHT SPA PACKAGES ARE DESIGNED TO SOOTHE AND IMPROVE YOU – BODY, MIND, AND SOUL. EACH INCLUDES DELUXE ACCOMMODATIONS, NIGHTLY TURNDOWN GIFT, UNLIMITED USE OF EXERCISE FACILITIES, FITNESS CLASSES, SWIMMING POOLS, STEAM ROOMS, AND SAUNAS.

HERSHEY SWEET RETREAT

ONE-NIGHT SPA PACKAGE (2 DAYS, 1 NIGHT)

SPA RAIN SHOWER

50-MINUTE MASSAGE

\$125 IN SPA SERVICES OR PRODUCTS

HERSHEY GETAWAY

TWO-NIGHT SPA PACKAGE (3 DAYS, 2 NIGHTS)

SPA RAIN SHOWER

50-MINUTE MASSAGE

\$175 IN SPA SERVICES OR PRODUCTS

HEAVENLY HERSHEY

THREE-NIGHT SPA PACKAGE (4 DAYS, 3 NIGHTS)

SPA RAIN SHOWER

50-MINUTE MASSAGE

\$225 IN SPA SERVICES OR PRODUCTS

*All overnight spa packages include admission to
The Hershey Story and Hershey Gardens.*

*Please call reservations at 1-800-HERSHEY (437-7439)
for overnight spa, golf, and seasonal package pricing.*

HOW TO SPA ... AT THE HOTEL HERSHEY

How do I make a spa appointment?

The Spa has proven to be an extremely popular addition to The Hotel Hershey. As such, **we recommend that you make your spa reservations well in advance of your arrival.** The Spa is typically very busy on weekends as well as many weekdays, so it may be difficult to arrange for spa services on the day of your arrival.

For guests not registered at The Hotel Hershey, a valid credit card will be required to reserve spa appointments. Debit cards will not be accepted to reserve spa appointments.

To schedule your appointment, please call **1-877-772-9988** or **717-520-5888**. The spa reservations office is open daily beginning at 8:00 AM. All spa services are subject to availability. Prices and service selections are subject to change without notice.

How early should I arrive for my spa services?

Please check in at the spa reception desk 30 minutes prior to your first scheduled appointment. Unfortunately, late arrivals may not receive an extension of scheduled treatments, so as not to inconvenience other spa guests. To begin your relaxation, we recommend use of the showers, steam, and inhalation room prior to your services.

All spa guests have complimentary use of the Fitness Center, dry sauna, indoor swimming pool, and whirlpool. In addition, you will have use of all spa facilities which include steam room, men's and ladies' locker rooms, Quiet Room, Silent Relaxation Room, and lunch in The Oasis (à la carte or within spa packages).

What time does The Spa open?

Spa services are available daily beginning at 9:00 AM. Hours may vary by season and day of the week.

What should I bring to The Spa?

We will never compromise your modesty. You will be given a robe and slippers to change into before your spa treatment. What should you wear under the robe? That is up to you. Our spa therapists will only expose the portion of your body that is being treated at the time. A swimsuit is requested for the Spa Rain Shower.

Do I need to tip the spa therapists?

For your convenience, a **20% service charge will be added** to your bill for all à la carte services and day spa packages. The gratuity will be distributed to the spa therapists and support staff who served you during your spa experience.

What do I do if I need to cancel my appointments?

Please notify The Spa a minimum of 24 hours in advance should you need to cancel or reschedule to avoid a 50% charge for the service. All no-show appointments will be charged at full value.

May I request a male or female spa therapist?

When scheduling your treatments, you may request a male or female therapist; however, we regret that we cannot guarantee this preference. All of our therapists are highly skilled professionals and are well-trained in draping techniques to provide you with the utmost comfort for your Spa experience. Our ability to schedule you with either allows us to provide you the widest range of appointment availability.

May I bring my child to The Spa?

Services for guests 13-17 years old are available. Facial, manicure, pedicure, hair styling, and makeup services specially developed for today's teen have been added to our menu of spa services. These services will be provided for our teen guests in the Garden Salon. Please check in at the salon reception desk 10-15 minutes prior to your first scheduled appointment.

The men's and ladies' locker rooms, Quiet Room, Silent Relaxation Room, Inhalation Room, as well as massage therapy services, baths, exfoliations, and wraps are not available for teens 13-17.

Should I tell anyone about any physical, medical, or allergy concerns?

Upon arrival to The Spa, you will complete a brief health history questionnaire to assist the Spa Technicians in providing you the best possible experience and to assure your maximum safety and comfort. We encourage you to disclose any pertinent health conditions that may affect your spa experience. Spa services marked with an asterisk (*) are not recommended for guests who are pregnant.

May I use my cell phone while in The Spa?

So that an atmosphere of relaxation can be maintained, and as a courtesy to other spa guests in The Spa, we ask that all electronic devices (cell phones, laptops, smart phones, etc.) be turned off and not used while in The Spa. For your convenience, several house phones are located throughout The Spa.

What should I do with my jewelry and other valuables?

Please leave your jewelry and other valuables at home or in the safe deposit boxes located at the front desk of The Hotel Hershey.

I would like to purchase a spa gift. What do you suggest?

Spa gift cards are available to purchase for any special occasion – anniversaries, birthdays, holidays, or thank-you gifts. Gift cards can be purchased in person, by telephone, or at Shop.ChocolateSpa.com.

May I use the Fitness Center and Pools during my spa visit?

Use of the Fitness Center is complimentary for registered hotel guests and day spa guests. Facilities include men's and ladies' locker rooms with dry sauna and Cybex cardiovascular and weight equipment. The Fitness Center is open daily from 6:30 AM - 10:00 PM.

Guests of the Fitness Center must be 16 or older.

Guests of The Spa may also use the Indoor Pool.

Where to lunch?

The Oasis provides Spa guests with mid-day dining in the comfort of your Spa robe. Reservations are required and must be made in advance to ensure seating availability. If we are unable to accommodate you in The Oasis, an in-room dining menu is available to service you at our indoor pool area. Trevi 5 and Harvest, two of the newest restaurants at The Hotel Hershey, are also available; however, guests must be properly attired and additional time may be needed for dining at these locations.